



YOUTH BASKETBALL LEAGUE

We are pleased that you and your child have made the choice to participate in our program. Our goal is to provide a quality experience for your child; one that focuses on fun while learning how to play the game. Our program will provide your child with opportunities to learn essential values in life and society such as sportsmanship, winning and losing, teamwork and much more. The staff believe that leisure or recreation opportunities are necessary throughout one's life by helping to maintain a healthy balance.

STAFF/SPECIAL NEEDS

The staff are available to answer your questions and to assist you as needed. We encourage you to discuss ideas, suggestions, problems and concerns with us at any time. The Town of Wytheville Parks & Recreation (TOWP&R), Wythe County Parks and Recreation (WCPR) and the Bland County Youth Sports (BCYS) make recreation programs and facilities available for use by everyone. Please discuss with us any accommodation needed to enjoy this program.

ELIGIBILITY

- **You must register in the area where you live and/or in the area where you attend school. For the Town of Wytheville Parks and Recreation, you must either live in the Town of Wytheville and/or attend a school that is within the Town of Wytheville. For Bland County Youth Sports, you must either live in Bland County and/or attend Bland County Schools. For the Wythe County Parks and Recreation, you must live in the County and register with either Rural Retreat Youth League or Fort Chiswell Youth League based on the area where you live and/or go to school. No releases will be given unless the particular sport is not offered in your area during the same season.**
- **2nd – 3rd Grade League:** Any player in the 2nd or 3rd grade may participate unless he/she is 10 years as of September 30 of the school year, in which he/she will play in the next division. *Minimum eligible age is 7 years old as of September 30 of the school year. *
- **4th – 5th Grade League:** Any player in the 4th or 5th grade may participate unless he/she is 12 years old as of September 30 of the school year, in which he/she will play in the next division. *Minimum eligible age is 9 years old as of September 30 of the school year. *
- **6th – 7th Grade League:** Any player in the 6th or 7th grade may participate; however, if he/she is 14 years old as of September 30 of the school year, he/she is ineligible. *Minimum eligible age is 11 years old as of September 30 of the school year. *

RULES OF THE GAME

1. There is a maximum of two (2) coaches allowed with the team. **The assistant coach and the statistician must remain seated unless they are attending to an injured player.** Only one (1) coach is allowed to stand up at a time. All coaches and statisticians **MUST BE APPROVED** through our departments before they can help in any way. This includes practices and games. All players are to remain seated on the bench unless they are cheering for a play or checking in with the scorer. Penalty: Warning and then a technical foul.
2. 2nd - 3rd grade league will consist of four (4) quarters with eight (8) minutes of continuous clock in each quarter except for the last two minutes of a game that is within 10 points which a normal clock will be run. In the 4th - 5th and 6th - 7th grade leagues, game will consist of four (4) quarters with six (6) minutes in each quarter. **If a team is up by 15 or more a continuous clock will be administered. When the lead is reduced to 10 points or less, regular clock will resume.**
3. Participants will play a minimum of eight (8) minutes in each game, unless held out for an acceptable reason. This is to be played with 2 consecutive minutes per quarter.
4. Goal heights / Ball size:
 - 2nd – 3rd grade: Eight (8) foot 28.5 sized ball
 - 4th – 5th grade: Ten (10) foot 28.5 sized ball
 - 6th – 7th grade: Ten (10) foot 28.5 sized ball for Girls 29.5 sized ball for boys



5. Participants will be allowed (5) personal fouls per game. On the 5th personal foul, the participant will be fouled out of the game. **If a player fouls out of the game, they are not eligible for their 2 minutes of play each quarter.**
6. The leading scorer will be removed from the game if a team is ahead by 15 points and the leading scorer has scored a minimum of 10 points. The player may return to the game once the lead is reduced to 10 points. **If a team has only 4 or 5 players, this rule will not be enforced. The leading scorer must still get their 2 minutes of play each quarter that they are out of the game.**
7. **GRACE PERIOD:**
 - A team must have at least four (4) players to start and play the game.
 - The opposing team can play 5 vs 4 if they choose.
 - There will be a ten-minute grace period. If a team does not have four players ten minutes after the scheduled game time, the team will forfeit the game.
8. **STARTING THE GAME:**
 - The game will start with a tip-off from the center circle and possessions will alternate throughout the regular game. If the game goes into overtime, it will begin with a tip-off at the center circle and possessions will then alternate.
9. **TIME-OUTS:**
 - Each team has five time-outs to start the game with one additional time-out awarded at the beginning of overtime. Time-outs do carry over from the regular game into overtime periods.
10. **FOUL SHOTS:**
 - After the 5 team fouls- 2 shots will occur and team fouls will be reset each quarter.
 - 2nd-3rd Grade: Marked 10ft line. **The shooter may not cross foul shot lines and the players filling spots along the free throw lane may not enter until the ball has touched the rim.**
 - 4th - 5th Grade: Marked 13ft line. The shooter may not cross foul shot line until the ball has touched the rim. **Players that are filling spots along free the throw lane may enter the lane on the release of the free throw shot.**
 - 6th - 7th Grade: 15ft. Regulation Line. The shooter may not cross foul shot line until the ball has touched the rim. **Players that are filling spots along free throw lane may enter the lane on the release of the free throw shot.**
11. **LANE VIOLATION:**
 - 2nd-3rd Grade: No Lane Violation
 - 4th - 5th Grade: Time limit inside lane is 5 seconds.
 - 6th - 7th Grade: Time limit inside lane is 3 seconds.
12. **SUBSTITUTE PERIOD:**
 - Every player must play 2 **consecutive** minutes each period. Players cannot be substituted for another player until those 2 minutes conclude.
 - If a player comes to the game late, they cannot play until players in the game at that point play 2 (two) consecutive minutes.
 - Referee/clock operator will stop clock at two (2) minute increments in each quarter if there are substitutes waiting to enter game unless it's during a scoring opportunity. Coaches must have substitutions at the table ready to go into the game or the clock will not stop. At the last two minutes of each quarter, the clock will stop for any player who has not played their 2 minutes to enter the game.
 - Each coach is responsible for reporting to the opposing coach and the Department any player who will not meet the required playing time and the reason for the reduced time. (I.E., illness, injury, missed practices, violation of team/youth league rules, child chooses



not to play). If this occurs, that player will not dress out for the game.

Violation of this rule will result in suspension of the head coach for the following game.

A second violation will result in the forfeiture of the game and the coach being suspended for the remainder of the season and all playoff games.

13. **PRESSING:**

- ****** If a team is leading by 15 or more points, they are not allowed to press the opposing team. However, the team losing is allowed to press. Once the score falls back to 10 points, the leading team can press again.
- **2nd-3rd Grade:** The defense will set up at their 3-point line and play defense. The player still has ten (10) seconds to cross half court. A player then has 10 seconds to cross the 3-point line and engage in play. If the player or ball does not cross the 3-point line within the 10 seconds, the defense may exit the 3-point line to defend.
- **Once the ball has crossed the 3-point line then defense can be played beyond the 3-point line at any time during that possession unless the ball is thrown back in from sideline after a dead ball. Half-court press will be allowed for the last two minutes of the 2nd & 4th quarters and all of overtime.**
- **If there is a second lane violation of crossing the 3-point line before the 10 seconds is up in attempt to defer the offense on purpose that will result in a delay of game. If it happens again that will result in a technical penalty.**
- **If there is a second violation of not crossing the 3-point line to defer the defense from being allowed to defend passed half court or the 3-point line in an effort to run the clock will result in a delay of game. If it happens again that will result in a technical foul.**
- **4th - 5th Grade:** Full court pressing is allowed in the **second quarter, fourth quarter and all of overtime.** The defense may set up at half court for the rest of the game.
- **6th - 7th Grade:** **Full court pressing is allowed throughout the game.**

14. **OVERTIME:**

- **If the game results in a tie, then both teams will enter an overtime period of one, three (3) minute period and the clock will stop on all whistles. If the game is still tied after one overtime, the game will go to sudden death (next basket wins).**

15. **PRACTICES:**

- Players are expected to attend practices. A minimum of two pre-season practices must be attended before the first game to participate. The staff understands that players may miss practices for acceptable reasons such as death in the family, illness, or out of town. If a player misses a practice for reasons not acceptable, he/she does not have to be played in the following game. If a coach is not playing a player, they need to notify the Parks and Rec staff and the scores table and officials before the game. If a player is not showing up for practices, please contact that player and find out the reasons why they have not been showing up and report to the Parks and Rec staff.
- Teams are limited to four practices per week before the season starts and a total of four meetings per week to include practices and games after the season begins. Practice time is determined by availability of facilities.
- Inclement Weather - When there is inclement weather and schools are closed, 4th St Civic Center will be available for Wythe and Bland County teams to practice if schools are not available, if they already had a practice scheduled for that day. **Teams must communicate with their respective department.** Town of Wytheville teams will still practice at the Community Center.



16. **GAME DAY ARRIVAL:**

- For games held at Wytheville Recreation Center, no team should arrive more than 15 minutes prior to game time. When arriving, teams should not congregate along the sidelines or ends of the basketball court where games are currently being played.
- Games held at the elementary, middle or high schools, teams should not arrive more than 15 minutes prior to game time and should not congregate at the ends of the court. Teams may meet in lobby areas or in the bleachers in order to not interfere with the current game.

18. **TOURNAMENT:**

- Seeds for tournament that result in regular season tie will be head-to-head winner or loser from the game played against each other in the season. A split in wins or a three or more-way tie will be broken by the number draw at the beginning of season at the head coaches meeting.

CONDUCT:

- The TOWP&R, WCPR and BCYS are glad that you have chosen to participate in our recreation programs. All the programs are offered and maintained to provide an enjoyable and wholesome recreation experience for you and all other participants. We hope that the programs offered will provide an opportunity for you to receive exercise and increase your skill level, but most of all, to have fun.
- To assure that you and everyone participating can receive the most from this recreational experience, we ask that you and each participant comply with the general rules regarding each department, its programs, and facilities. Rules have been made to ensure that each person participating in our programs has an enjoyable experience, that everyone's rights are protected, and the equipment and facilities are maintained so that others may utilize them in future programs.
- Each staff member and volunteer working for the TOWP&R, WCPR and BCYS will have the responsibility and the authority to enforce the rules and initiate disciplinary action. Participants have the responsibility to comply with the rules. Any participant who violates the rules will be subject to disciplinary action.
- All spectators and parents are asked to remain in spectator areas.
- **Foul or abusive language will not be tolerated. Officials may issue a warning to violators of this rule depending on the severity of the violation. It is at the discretion of the official if initial violations warrant immediate removal.**
- We ask that the coaches, participants and their families treat spectators and players from the other team as well as the officials with respect.

COACHES:

- If any rules are broken during regular season, this may result in a one game suspension. If any rule is not followed during tournament play, it may result in a forfeiture of the tournament game or tournament all together.

Any rule or situation not addressed will be handled at the discretion of the staff.